

Court Sports / Gym Floor Schedule

Effective September 9th, 2026

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday									
East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym								
Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-8:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am		Open Gym 7:00-7:30pm		Open Gym 7:00-9:45pm								
Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Drop-In Badminton & Pickleball Paddle System 8:15am-9:15pm	Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm		Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Open Gym 5:00am-9:15am	Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Open Gym 5:00am-9:15am	Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Open Gym 5:00am-9:15am	Drop-In Badminton & Pickleball Paddle System 7:15am-12:45pm	Group Training 7:45am - 8:45am		Drop-In Badminton & Pickleball Paddle System 7:15am-12:45pm	Children's Programs 9:45-10:45am						
	Stretch Class					Stretch Class		Stretch Class		Stretch Class		Stretch Class									
	Drop-In Paddle System 9:30am-10:15pm					Volleyball 9:30-11:00am		Open Gym 9:30-10:15am		Open Gym 9:30-10:15am		Open Gym 9:30-10:15am									
	Stretch & Strength					10:15am Stretch & Strength (in Yoga Studio)		Stretch & Strength		Stretch & Strength		Stretch & Strength									
	Open Gym 10:30-11:15am					Open Gym 11:30-1:15pm		Drop-In Paddle System 10:45pm-11:45pm		Open Gym 10:30-11:15am		Pickleball 101 10:30 - 11:15am									
	Stretch Class							Stretch Class		Stretch Class		Stretch Class									
	Group Training 12:00-1:00pm				Group Training 12:00-1:00pm		Open Gym 11:30-1:15pm		Group Training 12:00-1:00pm		Open Gym 9:00-6:45pm	Bookable Courts Badminton & Pickleball 12:45pm-6:45pm	Open Gym 10:45-6:45pm								
Bookable Courts Badminton & Pickleball 12:45pm-3:00pm		Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-6:45pm											
	Stretch Class													Stretch Class	Stretch Class	Stretch Class	Stretch Class				
	Open Gym 1:30-2:15pm													Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm				
	Stretch Class													Stretch Class	Stretch Class	Stretch Class	Stretch Class				
Pickleball 101 3:00-3:45pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Open Gym 2:30-5:15pm												
Bookable Courts Badminton & Pickleball 3:45-5:15pm																					
Drop-In Badminton & Pickleball Paddle System 5:15-9:00pm	Drop-In Badminton & Pickleball Paddle System 5:15-9:00pm	Drop-in Badminton and Pickleball Paddle System 5:15-6:45pm	Group Training 5:30-6:30pm	Peak Time: Full Court Basketball 5:15-9:00pm		Peak Time: Basketball 5:15-9:00pm	Drop-In Badminton & Pickleball Paddle System 5:15-6:15pm	Children's Programs 5:15-6:45pm	Drop-In Badminton & Pickleball Paddle System 5:15-8:45pm	Peak Time: Basketball 6:45-8:45pm				6:45pm COURTS CLOSED		6:45pm COURTS CLOSED					
		Pickleball Intermediate 6:45-7:30pm	Peak Time: Basketball 6:45-9:00pm				Group Training 6:30-7:30pm	Peak Time: Basketball 6:45-8:45pm		7:00pm BUILDING CLOSED				7:00pm BUILDING CLOSED							
		Drop-in Badminton and Pickleball Paddle System 7:30-9:00pm					Peak Time: Volleyball 7:45-9:00pm			8:45pm COURTS CLOSED				9:00pm BUILDING CLOSED							
		Bookable Courts Badmiton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm				Open Gym	Bookable Courts (Badminton & Pickleball)	Drop-In Badminton and Pickleball (Paddle System)	Pickleball 101	Stretch Classes	Group Training	Volleyball	Peak Time: Basketball	Children's Programs
10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED		10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED		10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED		10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED															