

Court Sports / Gym Floor Schedule

Effective September 14th, 2026

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday												
East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym											
Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-8:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am		Open Gym 7:00-7:30pm		Open Gym 7:00-9:45pm											
Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Drop-In Badminton & Pickleball Paddle System 8:15am-9:15pm	Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm		Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Open Gym 5:00am-9:15am	Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Open Gym 5:00am-9:15am	Drop-In Badminton & Pickleball Paddle System 8:15am-12:45pm	Open Gym 5:00am-9:15am	Drop-In Badminton & Pickleball Paddle System 7:15am-12:45pm	Group Training 7:45am - 8:45am		Drop-In Badminton & Pickleball Paddle System 7:15am-12:45pm	Children's Programs 9:45-10:45am									
	Stretch Class											Stretch Class				Stretch Class	Stretch Class	Stretch Class						
	Drop-In Paddle System 9:30am-10:15pm											Volleyball 9:30-11:00am	Drop-In Paddle System 9:30-10:15am			Open Gym 9:30-10:15am	Open Gym 9:30-10:15am							
	Stretch & Strength											10:15am Stretch & Strength (in Yoga Studio)	Stretch & Strength		Stretch & Strength	Stretch & Strength								
	Open Gym 10:30-11:15am											Open Gym 11:30-1:15pm	Open Gym 10:45pm-11:45pm		Open Gym 10:30-11:15am	Pickleball 101 10:30 - 11:15am								
	Stretch Class												Stretch Class		Stretch Class	Stretch Class								
	Group Training 12:00-1:00pm				Group Training 12:00-1:00pm		Open Gym 11:30-1:15pm		Group Training 12:00-1:00pm	Drop-In Badminton & Pickleball Paddle System 7:15am-12:45pm	Open Gym 9:00-6:45pm	Drop-In Badminton & Pickleball Paddle System 7:15am-12:45pm	Open Gym 10:45-6:45pm											
	Stretch Class		Stretch Class		Stretch Class		Stretch Class		Stretch Class															
Bookable Courts Badminton & Pickleball 12:45pm-3:00pm	Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm															
	Stretch Class		Stretch Class		Stretch Class		Stretch Class		Stretch Class															
Pickleball 101 3:00-3:45pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:45pm-6:45pm	Open Gym 9:00-6:45pm	Bookable Courts Badminton & Pickleball 12:45pm-6:45pm	Open Gym 10:45-6:45pm											
Bookable Courts Badminton & Pickleball 3:45-5:15pm																								
Drop-In Badminton & Pickleball Paddle System 5:15-9:00pm	Drop-In Badminton & Pickleball Paddle System 5:15-9:00pm	Drop-in Badminton and Pickleball Paddle System 5:15-6:45pm	Group Training 5:30-6:30pm	Peak Time: Full Court Basketball 5:15-9:00pm		Peak Time: Basketball 5:15-9:00pm	Drop-In Badminton & Pickleball Paddle System 5:15-6:15pm	Drop-In Badminton & Pickleball Paddle System 5:15-8:45pm	Children's Programs 5:15-6:45pm	Drop-In Badminton & Pickleball Paddle System 5:15-8:45pm	Peak Time: Basketball 6:45-8:45pm	6:45pm COURTS CLOSED		6:45pm COURTS CLOSED										
		Pickleball Intermediate 6:45-7:30pm	Peak Time: Basketball 6:45-9:00pm				Group Training 6:30-7:30pm		Peak Time: Volleyball 7:45-9:00pm			7:00pm BUILDING CLOSED		7:00pm BUILDING CLOSED										
		Drop-in Badminton and Pickleball Paddle System 7:30-9:00pm																						
Bookable Courts Badmiton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm																	
10:45pm COURTS CLOSED		10:45pm COURTS CLOSED		10:45pm COURTS CLOSED		10:45pm COURTS CLOSED																		
11:00pm BUILDING CLOSED		11:00pm BUILDING CLOSED		11:00pm BUILDING CLOSED		11:00pm BUILDING CLOSED																		
														Open Gym										
														Bookable Courts (Badminton & Pickleball)										
														Drop-In Badminton and Pickleball (Paddle System)										
														Pickleball 101										
														Stretch Classes										
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