

# Court Sports / Gym Floor Schedule

**Effective January 5<sup>th</sup>, 2026**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday												
East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym											
Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-8:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-8:15pm	Open Gym 5:00am-9:15am		Open Gym 7:00-7:30pm		Open Gym 7:00-9:45pm											
Drop-In Badminton & Pickleball Paddle System 8:15am-12:00pm	Drop-In Badminton & Pickleball Paddle System 8:15am-9:15pm	Drop-In Badminton & Pickleball Paddle System 8:15am-12:00pm		Drop-In Badminton & Pickleball Paddle System 8:15am-12:00pm	Drop-In Badminton & Pickleball Paddle System 8:15am-12:00pm	Open Gym 9:30-10:15am	Drop-In Badminton & Pickleball Paddle System 8:15am-12:00pm	Open Gym 9:30-10:15am	Drop-In Badminton & Pickleball Paddle System 8:15am-12:00pm	Open Gym 9:30-10:15am	Drop-In Badminton & Pickleball Paddle System 7:15am-12:00pm	Group Training 7:45am - 8:45am		Drop-In Badminton & Pickleball Paddle System 7:15am-12:00pm	Children's Programs 9:45-10:45am									
	Stretch Class															Volleyball 9:30-11:00am	Stretch Class	Open Gym 9:30-10:15am	Stretch & Strength	Pickleball 101 10:30 - 11:15am				
	Drop-In Paddle System 9:30am-10:15pm												10:15am Stretch & Strength (in Yoga Studio)			Drop-In Paddle System 10:30pm-11:45pm	Open Gym 10:30-11:15am	Stretch & Strength	Stretch Class					
	Stretch & Strength														Open Gym 10:30-11:15am	Stretch Class	Stretch Class							
	Open Gym 10:30-11:15am												Stretch Class											
	Group Training 12:00-1:00pm												Open Gym 11:30-1:15pm		Group Training 12:00-1:00pm	Open Gym 11:30-1:15pm	Group Training 12:00-1:00pm	Open Gym 11:30-1:15pm	Group Training 12:00-1:00pm	Open Gym 9:00-6:45pm	Open Gym 10:45-6:45pm			
Stretch Class	Stretch Class	Stretch Class	Stretch Class	Stretch Class	Stretch Class	Stretch Class																		
Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm																		
Stretch Class	Stretch Class	Stretch Class	Stretch Class	Stretch Class	Stretch Class	Stretch Class																		
Bookable Courts Badminton & Pickleball 12:00pm-3:00pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:00pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:00pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:00pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:00pm-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 12:00am-6:45pm	Open Gym 9:00-6:45pm	Bookable Courts Badminton & Pickleball 10:15am-6:45pm	Open Gym 10:45-6:45pm											
Pickleball 101 3:00-3:45pm																								
Bookable Courts Badminton & Pickleball 3:45-5:15pm																								
Drop-In Badminton & Pickleball Paddle System 5:15-9:00pm	Drop-In Badminton & Pickleball Paddle System 5:15-9:00pm	Drop-in Badminton and Pickleball Paddle System 5:15-6:45pm	Peak Time: Basketball 5:15-6:15pm	Peak Time: Full Court Basketball 5:15-8:45pm	Peak Time: Basketball 5:15-9:00pm	Group Training 5:30-6:30pm	Drop-In Badminton & Pickleball Paddle System 5:15-8:45pm	Children's Programs 5:15-6:45pm	Peak Time: Basketball 6:45-8:45pm					6:45pm COURTS CLOSED		6:45pm COURTS CLOSED								
		Pickleball 101 6:45-7:30pm	Group Training 6:30-7:30pm					7:00pm BUILDING CLOSED						7:00pm BUILDING CLOSED										
		Drop-in Badminton and Pickleball Paddle System 7:30-9:00pm	Peak Time: Basketball 7:45-9:00pm																					
Bookable Courts Badmiton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm																	
10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED		10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED		10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED		10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED																		
<div>Open Gym</div> <div>Bookable Courts (Badminton &amp; Pickleball)</div> <div>Drop-In Badminton and Pickleball (Paddle System)</div> <div>Pickleball 101</div> <div>Stretch Classes</div> <div>Group Training</div> <div>Volleyball</div> <div>Peak Time: Basketball</div> <div>Children's Programs</div>																								