

Court Sports / Gym Floor Schedule

Effective January 6, 2025

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday							
East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym						
Bookable Courts Badminton & Pickleball 5:15am-3:00pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-10:30am	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15-2:30am	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 10:15am-6:45pm	Open Gym 7:00-7:30pm	Peak Time: Court 1 Badminton only 7:15-10:15am	Open Gym 7:00-9:45pm						
	Stretch Class		Stretch Class		Stretch Class		Stretch Class		Stretch Class					Stretch Class	Stretch Class	Court 2 Pickleball only 7:15-10:15am	Children's Programs 8:45-10:15am Feb 1 - Mar 15	Peak Time: Court 1 Badminton only 7:15-10:15am	Court 2 Pickleball only 7:15-10:15am
	Open Gym 9:30-10:15am		Volleyball 9:30-11:00am		Open Gym 9:30-10:15am		Open Gym 9:30-10:15am		Open Gym 9:30-10:15am					Open Gym 9:30-10:15am	Open Gym 9:30-10:15am				
	Stretch & Strength		10:15am Stretch & Strength (in Yoga Studio)		Stretch & Strength		Stretch & Strength		Stretch & Strength					Stretch & Strength	Stretch & Strength	Stretch Class	Open Gym 10:15-6:45pm	Bookable Courts Badminton & Pickleball 10:15am-6:45pm	
	Open Gym 10:30-11:15am		Bookable Courts Badminton & Pickleball 11:15-5:15pm		Court 1 & 2 Badminton Only 10:30-11:15am		Court 3 & 4 Pickleball Only 10:30-11:15am		Open Gym 10:30-11:15am					Open Gym 10:30-11:15am	Open Gym 10:30-11:15am				Group Training 12:00-1:00pm
	Stretch Class				Open Gym 11:30-1:15pm		Group Training 12:00-1:00pm		Group Training 12:00-1:00pm					Open Gym 11:30-1:15pm	Open Gym 11:30-1:15pm	Open Gym 11:30-1:15pm	Stretch Class	Open Gym 11:15-6:45pm	
	Group Training 12:00-1:00pm		Bookable Courts Badminton & Pickleball 11:15-5:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm					Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm	Stretch Class			Open Gym 1:30-2:15pm
	Stretch Class																Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	
	Pickleball 101 3:00-3:45pm		Bookable Courts Badminton & Pickleball 3:45-5:15pm		Open Gym 2:30-5:15pm		Open Gym 2:30-5:15pm		Open Gym 2:30-5:15pm					Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Stretch Class	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	
	Bookable Courts Badminton & Pickleball 3:45-5:15pm																		Open Gym 2:30-5:15pm
Peak Time: Court 1 & 2 Badminton only 5:15-9:00pm		Peak Time: Court 3 & 4 Pickleball only 5:15-9:00pm	Court 1 Badminton only 5:15-6:45pm Court 2 Pickleball only 5:15-6:45pm	Peak Time: Basketball 5:15-6:15pm	Peak Time: Full Court Basketball 5:15-8:45pm	Peak Time: Basketball 5:15-9:00pm	Group Training 5:30-6:30pm	Peak Time: Court 1 Badminton only 5:15-8:45pm	Children's Programs 5:15-6:30pm Jan 17 - Mar 22	Peak Time: Basketball 6:30-8:45pm									
	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED										6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	
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	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED									10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED		

Open Gym
Bookable Courts (Badminton & Pickleball)
Peak Time: Badminton and Pickleball
Pickleball 101
Stretch Classes
Group Training
Volleyball
Peak Time: Basketball
Children's Programs