

Court Sports / Gym Floor Schedule

Effective November 12, 2024

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym		
Bookable Courts Badminton & Pickleball 5:15am-3:00pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Bookable Courts Badminton & Pickleball 5:15am-10:30am	Open Gym 5:00am-9:15am	Peak Time: Court 1 Badminton only 7:15-10:15am Court 2 Pickleball only 7:15-10:15am	Open Gym 7:00-7:30pm Group Training 7:45am - 8:45am	Peak Time: Court 1 Badminton only 7:15-10:15am Court 2 Pickleball only 7:15-10:15am		
	Stretch Class		Stretch Class		Stretch Class		Stretch Class			Stretch Class				Stretch Class	Stretch Class
	Open Gym 9:30-10:15am		Volleyball 9:30-11:00am		Open Gym 9:30-10:15am		Open Gym 9:30-10:15am			Open Gym 9:30-10:15am				Open Gym 9:30-10:15am	Open Gym 9:30-10:15am
	Stretch & Strength		10:15am Stretch & Strength (in Yoga Studio)		Stretch & Strength		Stretch & Strength			Stretch & Strength				Stretch & Strength	Stretch & Strength
	Open Gym 10:30-11:15am		Stretch Class		Open Gym 10:30-11:15am		Open Gym 10:30-11:15am			Open Gym 10:30-11:15am				Open Gym 10:30-11:15am	Open Gym 10:30-11:15am
	Stretch Class		Stretch Class		Stretch Class		Stretch Class			Stretch Class				Stretch Class	Stretch Class
	Group Training 12:00-1:00pm		Open Gym 11:30-1:15pm		Group Training 12:00-1:00pm		Open Gym 11:30-1:15pm			Open Gym 11:30-1:15pm				Open Gym 11:30-1:15pm	Group Training 12:00-1:00pm
	Stretch Class		Stretch Class		Stretch Class		Stretch Class			Stretch Class				Stretch Class	Stretch Class
	Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm			Open Gym 1:30-2:15pm				Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm
	Stretch Class		Stretch Class		Stretch Class		Stretch Class			Stretch Class				Stretch Class	Stretch Class
Pickleball 101 3:00-3:45pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 11:15am-5:15pm	Open Gym 2:30-5:15pm	Bookable Courts Badminton & Pickleball 10:15am-6:45pm	Open Gym 9:00-6:45pm	Bookable Courts Badminton & Pickleball 10:15am-6:45pm		
Bookable Courts Badminton & Pickleball 3:45-5:15pm															
Peak Time: Court 1 & 2 Badminton only 5:15-9:00pm	Peak Time: Court 3 & 4 Pickleball only 5:15-9:00pm	Court 1 Badminton only 5:15-6:45pm Court 2 Pickleball only 5:15-6:45pm	Peak Time: Basketball 5:15-6:45pm	Peak Time: Full Court Basketball 5:15-8:45pm	Peak Time: Basketball 5:15-9:00pm	Peak Time: Basketball 5:15-9:00pm	Group Training 5:30-6:30pm	Peak Time: Court 1 Badminton only 5:15-8:45pm Court 2 Pickleball only 5:15-8:45pm	Peak Time: Basketball 5:15-8:45pm	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED			
		Pickleball 101 6:45-7:30pm	Group Training 7:00-8:00pm												
		Court 1 Badminton only 7:30-9:00pm Court 2 Pickleball only 5:15-6:45pm	Peak Time: Basketball 8:15-9:00pm												
Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Open Gym 9:00-10:45pm	Open Gym 9:00-10:45pm	8:45pm COURTS CLOSED 9:00pm BUILDING CLOSED	8:45pm COURTS CLOSED 9:00pm BUILDING CLOSED	8:45pm COURTS CLOSED 9:00pm BUILDING CLOSED			
10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED			

- Open Gym
- Bookable Courts (Badminton & Pickleball)
- Peak Time: Badminton and Pickleball
- Drop in Pickleball
- Stretch Classes
- Group Training
- Volleyball
- Peak Time: Basketball