

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday									
East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym								
Bookable Courts Badminton & Pickleball 5:15am-3:00pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Open Gym 5:00am-9:15am	Bookable Courts Badminton & Pickleball 5:15am-5:15pm	Bookable Courts Badminton & Pickleball 5:15am-10:30am	Open Gym 5:00am-9:15am	Peak Time: Court 1 Badminton only 7:15-10:15am	Open Gym 7:00-7:30pm	Peak Time: Court 1 Badminton only 7:15-10:15am								
	Stretch Class		Stretch Class		Stretch Class		Stretch Class			Stretch Class		Stretch Class		Stretch Class	Group Training 7:45am - 8:45am	Court 2 Pickleball only 7:15-10:15am					
	Open Gym 9:30-10:15am		Volleyball 9:30-11:00am		Open Gym 9:30-10:15am		Open Gym 9:30-10:15am			Open Gym 9:30-10:15am		Open Gym 9:30-10:15am		Open Gym 9:30-10:15am			Open Gym 9:30-10:15am				
	Stretch & Strength		10:15am Stretch & Strength (in Yoga Studio)		Stretch & Strength		Stretch & Strength			Stretch & Strength		Stretch & Strength		Stretch & Strength	Stretch & Strength	Drop-In Pickleball 10:30-11:15am	Open Gym 10:30-11:15am	Bookable Courts Badminton & Pickleball 10:15am-6:45pm	Open Gym 9:00-6:45pm	Bookable Courts Badminton & Pickleball 10:15am-6:45pm	
	Open Gym 10:30-11:15am		Open Gym 10:30-11:15am		Open Gym 10:30-11:15am		Open Gym 10:30-11:15am			Open Gym 10:30-11:15am		Open Gym 10:30-11:15am		Open Gym 10:30-11:15am	Open Gym 10:30-11:15am						
	Stretch Class		Stretch Class		Stretch Class		Stretch Class			Stretch Class		Stretch Class		Stretch Class	Stretch Class	Bookable Courts Badminton & Pickleball 11:15am-5:15pm	Open Gym 11:30-1:15pm				Open Gym 7:00am-6:45pm
	Group Training 12:00-1:00pm		Open Gym 11:30-1:15pm		Group Training 12:00-1:00pm		Open Gym 11:30-1:15pm			Open Gym 11:30-1:15pm		Open Gym 11:30-1:15pm		Open Gym 11:30-1:15pm	Group Training 12:00-1:00pm		Open Gym 10:30-11:15am				
	Stretch Class		Stretch Class		Stretch Class		Stretch Class			Stretch Class		Stretch Class		Stretch Class	Stretch Class	Bookable Courts Badminton & Pickleball 11:15am-5:15pm	Open Gym 1:30-2:15pm				
	Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm			Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm	Open Gym 1:30-2:15pm		Open Gym 1:30-2:15pm				
	Stretch Class		Stretch Class		Stretch Class		Stretch Class			Stretch Class		Stretch Class		Stretch Class	Stretch Class	Bookable Courts Badminton & Pickleball 11:15am-5:15pm	Open Gym 2:30-5:15pm				
Drop-In Pickleball 3:00-3:45pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm													
Bookable Courts Badminton & Pickleball 3:45-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm	Open Gym 2:30-5:15pm								
Peak Time: Court 1 & 2 Badminton only 5:15-9:00pm	Peak Time: Court 3 & 4 Pickleball only 5:15-9:00pm	Peak Time: Court 1 Badminton only 5:15-9:00pm	Peak Time: Basketball 5:15-6:45pm	Peak Time: Full Court Basketball 5:15-8:45pm	Peak Time: Basketball 5:15-9:00pm	Group Training 5:30-6:30pm	Peak Time: Court 1 Badminton only 5:15-8:45pm	Peak Time: Basketball 5:15-8:45pm	Peak Time: Court 2 Pickleball only 5:15-8:45pm	Peak Time: Basketball 5:15-8:45pm	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED	6:45pm COURTS CLOSED 7:00pm BUILDING CLOSED									
			Group Training 7:00-8:00pm										Peak Time: Basketball 8:15-9:00pm								
			Peak Time: Basketball 8:15-9:00pm																		
Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Bookable Courts Badminton & Pickleball 9:00-10:45pm	Open Gym 9:00-10:45pm	Open Gym 9:00-10:45pm	Open Gym 9:00-10:45pm	Open Gym 9:00-10:45pm	Open Gym 9:00-10:45pm	Open Gym 9:00-10:45pm									
10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED	10:45pm COURTS CLOSED 11:00pm BUILDING CLOSED									

Open Gym
Bookable Courts (Badminton & Pickleball)
Peak Time: Badminton and Pickleball
Drop in Pickleball
Stretch Classes
Group Training
Volleyball
Peak Time: Basketball